Medical Info/Release Form

Name:				Age: Height:	
		Multivitamin	Omega	Vitamin D	
		Fruits & Vegetable	es Supplement		
		Other:			
Person	al/Family H				
		Se	lf	Family Member/ Relationship	
	Stroke				
	Heart Attack	1			
	Cancer				
	Diabetes Heart Disease				
Exercis	e:	Activity		# Times per week	
Do you have a Pacemaker?			Yes	No	
Other Medical Implants?			Yes	No	
Are you pregnant?			Yes	No	
medical c I affirm th	are or diagnos at I have state	se, prescribe or tr d accurately my	eat any physica known medical	sment are not qualified to perform al or emotional conditions. conditions. the health assessor.	